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**Issue
One**

November 2011

Cadet Lucas Seavy and Andrew Burdzel receive their CAP devices.

A Quarterly Insight into ME - 038 Current Events

Coastal **Patroller**

current topics >>>

*Promotions!
ES Moves Forward
Your 24 Hour Pack
Duty Assignments
Growing Membership!*

Congratulations to... *our newest*
curry Cadet Airman Noah Tiemann pictured
with his sister Cadet Airman Rosa Tiemann.
Welcome aboard Cadet Airmen Basics Burdzel,
Severnyak, and Marsh!

SAREX

Commanders Corner

It is almost 2012! Where did the year go? This has been a year of growth for our squadron, and some losses. I believe our squadron has some of the best members in the Civil Air Patrol.

We have a great set of new cadets eager and willing to make the most of Civil Air Patrol. Our recent induction of 3 new Senior Members has brought several decades of Army and Air National Guard experience in a variety of fields from security to aviation to the medical field. Our goal of

becoming the squadron Maine Wing can turn to for our resources is coming to fruition! At the same time we have seen some valuable members become inactive or move away, mainly for professional reasons. We will sorely miss those who called our squadron home and cannot wait to see them return. They will always be welcome.

Our goal of becoming the squadron Maine Wing can turn to for our resources is coming to fruition!

In this newsletter we will introduce our new squadron staff line-up. If you have any questions about our squadron's current status or training opportunities please refer to the specific staff officer your question pertains to. We recently had our first Squadron Planning meeting with all but 3 staff officers present.

Goals and schedules were discussed and posted. This simple step will take our squadron head on into the future and help guide us into becoming a successful and essential Unit of the Civil Air Patrol.

I wish to publicly thank our ES department and helpful staff officers

... continued on pg. 2



Always vigilant >>>

Health Services



We are continuing to get training for CPR/first aid available to all interested members. Maine Coast Memorial Hospital offers training for anyone interested.

You can get more info on their website at <http://mcmhospital.org/>, under: "Education Services" select "Community Education"

or you may call Michelle Mahon directly at 664-5588 or mmahon@mainehospital.org



Commanders Corner

Continued from pg.1

for hosting one of the most memorable SAREX's held in the state of Maine in recent times. Our staff officers were vital to that outcome. Across the Wing members were talking about and complimenting the SAREX long after it was complete.

It is important for everyone to constantly check our squadron calendar online. It is also important for senior members to sign up for the MEWG email list to receive critical announcements. Cadets are encouraged to constantly check the Maine Wing Cadet blog.

Thank you everyone for all the great work each of you is doing to make us a well-oiled machine. Everyone have a safe and enjoyable holiday season.

Respectfully,

Commander 38th Composite Squadron
Civil Air Patrol

The 24 Hour Pack

- 24 hour pack should be preferably red or orange
- webbed gear, or other SAR/Survival Vest (T) acceptable.

- 1 Triangular Bandage
- Tape, first aid
- Rubber surgical gloves - 2 pair minimum

CONTENTS

- First Aid Kit: - stored in zip-lock bag or other waterproof container, recommended that it consists of the following:
 - Any personal medication (T)
 - your team leader should know what you have and where you carry it.
 - 2 Antiseptic cleansing pads
 - Antiseptic ointment
 - 6 Band-Aids, various sizes
 - Moleskin, 2" X 4"
 - Roller bandage
 - 2 Safety pins, large
 - 4 gauze pads

- Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:
 - 1 Chemical Light Stick, Green (T)
 - 12 wooden, waterproofed matches (T)
 - Match container, waterproof, with striking surface
 - 50' of nylon line (paracord or similar line).
 - Duct tape, 5-10 feet
 - does not need to be a whole roll.
 - Leaf bag, large

Emergency Services >>>

Thanks to ALL!

Thank you to everyone who participated in and supported the recent SAREX we hosted. The next SAREX is scheduled for Saturday, November 19th at the Old Town Airport. Please contact your ES Officer for schedule details.

CIVIL AIR PATROL EMERGENCY SERVICES EQUIPMENT LIST ON YOUR PERSON

- Complete BDU uniform (T)
- BDU cap (T)
 - The BDU cap may be replaced by a hard hat or bright colored cap based on mission needs.
- All CAP Identification:
 - Membership card (T)
 - First Aid card, etc. (T)
 - 101 card
 - 76 card
- Pocket or utility-type knife (T)
 - multi-purpose with can opener.
 - Swiss Army knives. Leatherman, or Gerber Tools are recommended.
- Handkerchief or Tissues
- Ground Team Member's Handbook
- Signal Mirror
- Whistle
- Watch (T)
- Comb or brush (T) - optional, carry if needed
- Vest, - reflective, orange (T)
- Notepad (T)
- Pencil (T)

ATC: Alitalia 321, continue taxi to the holding position 20R south via tango. Check for workers along taxiway.

Alitalia 321: Roger, 20R via tango. Workers checked, all are working.

<http://www.factorydirectmodels.com/ah-quotes.html>

Self-Monitor and Mitigate

Safety is everyone's business. Safety is a daily habit.



Congratulations 38th Squadron for another year free of CAP related accidents or incidents. Safety is everyone's business.

There are two CAP Safety concepts we should use in our everyday lives, IMSAFE and ORM.

IMSAFE is an acronym:

Illness – Do I have any symptoms or do I feel ill

Medication – Have I been taking prescription or over-the-counter drugs or medications that will affect the way I react or make a decision?

Stress – Am I under stress from my job, school, family issues, or other issues that will affect the way I act?

Alcohol – Have I been drinking alcohol with the past 24 hours?

Fatigue – Am I tired or not well rested?

Eating – Have I had enough to eat to perform my duties?

1. Identify the hazards or risks
2. Assess the risk
3. Analyze risk control, in other words what will either reduce or eliminate the risk?
4. Make the decision, select the best risk control so the benefit outweighs the risk
5. Implement the risk control – do it
6. Supervise & review – did you make the right decision, what would you change next time?

James Gaddis, Capt, CAP Safety Officer



Captain Scott is a former CAP cadet and now flies with Air Force Special Operations. During a recent lecture he demonstrated the aviator's night vision helmet used on missions and how combat runways are designed.

What is the CAP?

Congressionally incorporated by the United States Congress in 1946, Civil Air Patrol is a non-profit, humanitarian organization and the volunteer auxiliary of the United States Air Force.

The approximately 60,000 volunteer members carry out the missions of the Civil Air Patrol which include:

- *Emergency Services (search and rescue, disaster relief, homeland security)*
- *Cadet and Youth Development*
- *Nationwide Promotion of Aerospace Education*

Aerospace Trivia >>> see answer on page 4.

Q: A micro-light aircraft which is controlled by moving under the wing is known as:

- A:**
- 1.) a three-axis
 - 2.) a flexwing
 - 3.) a paraglider

Postflight

Whether as a retired Air Forces Security Forces leader, a fire department Training Officer, head of security for The Jackson Laboratory or now as your SAR Officer I insist on applying a simple training philosophy learned early in my military career. "Train like you fight," or in our case "train like you search." It's what we as a team brought to the table during the October SAREX and I am convinced it made the difference.

SM James LaPrade, SAR Officer



Staff Officer Duty Positions

Capt Kristian Bearscope

Administrative Officer	Primary
Aerospace Education Officer	Assistant
Alerting Officer	Primary
Commander	Primary
Disaster Preparedness Officer	Primary
Personnel Officer	Primary

Maj Laura Bryant

Squadron Leadership Officer	Primary
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Maj Michael Povich

Legal Officer	Assistant
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SM James LaPrade Jr

Logistics Officer	Primary
Search and Rescue Officer	Primary

2d Lt Cristal LaPrade

Aerospace Education Officer	Primary
Professional Development Officer	Primary

1st Lt Jay Pusey

Deputy Commander for Cadets	Primary
Testing Officer	Assistant

1st Lt Raymond Reckamp

Communications Officer	Primary
Historian	Primary

1st Lt Timothy Young

Emergency Services Officer	Primary
Health Services Officer	Primary

2d Lt Stephen Ashcroft

Emergency Services Officer	Assistant
Squadron Activities Officer	Assistant
Squadron Leadership Officer	Assistant

Capt James Gaddis

Communications Officer	Assistant
Safety Officer	Primary
Transportation Officer	Primary

SM Robert Quam

Operations Officer	Primary
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Next issue >>>

More Officer Assignment Changes

Your 72 Hour Pack

Spring Birthdays

First Calendar of 2012

Calendar

Nov 8: All members / BDUs / General Meeting / ES Training / Safety

Nov 15: Cadet Meeting / Blues / Promotions / Aerospace Education

Nov 22: Cadet Meeting / Civies / PT / Drill / Senior Members / BDUs / Staff Work Day

Nov 29: Squadron Fun Night / Civies

Dec 6: Cadet Meeting / BDUs / Testing / Character Development

Dec 13: All members / BDUs / General Meeting / ES Training / Safety

Trivia answer from page 3: [a flexwing](#)

Birthday!

Cadet Andrew Marsh - January



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Civil Air Patrol

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